

## Prayer for a Caring Heart

Merciful and loving God,

Show us how to love others with gentleness and patience;

*who needs to be shown gentleness or patience today?*

We pray: make us a healing and comforting person for them.

Show us how to care for those who are hungry;

*who do we know that is hungry, or thirsty, or can't get to a store for groceries?*

We pray: make us attentive to meeting the needs of the hungry with generosity and kindness.

Show us how to love those who are alone or lonely;

*who lives alone, who is homebound from illness, or age, or because of the coronavirus?*

We pray: help us to reach out with graciousness, understanding and care through cards, notes, phone calls, texts, email, special delivery of 'treats' so no one we know thinks they are alone or unloved.

Show us how to love those who are without hope;

*who is living with depression, mental illness, unemployment, uncertainty?*

We pray: help us to remember these people in our prayers, to pray for those who care for them and for those who can help solve their issues.

Jesus, you modeled for us how to be caring and compassionate. May we follow your example. May all we pray for today have the peace of God. Amen.