

September 5, 2021

TWENTY-THIRD SUNDAY IN ORDINARY TIME

**Msgr. James Forseen,  
Pastor**

Father Timothy McGowan,  
In Residence  
Father James Anguiano,  
In Residence  
Msgr. Charles E. Hill,  
Retired

**Visitation Church**

6561 West 88th Street  
Los Angeles, CA 90045  
310-216-1145  
FAX 310-846-5421

**Church Email:**  
[visitationchurch497@gmail.com](mailto:visitationchurch497@gmail.com)

**Daily Mass (Inside the church)**

Monday-Friday: 8:00am  
(This mass is also live-streamed)

**Sunday Mass (Inside the church)**

Saturday: 5pm  
Sunday: 8:00am, 9:30am, and 11:00am  
(The Sunday Mass at 8am is also  
live-streamed)

**Confessions (Outside in Mary's courtyard)**

Saturday: 3:00-4:00pm and by appointment

**Note:** The live-streamed Masses can be viewed  
on our website:  
[www.visitationchurch-la.com](http://www.visitationchurch-la.com)

**Private Worship (Inside the church)** Open for  
private devotion between the hours of 7:30am-  
4:00pm. (Monday-Friday)

**Holy Hour (Inside the church)**

First Friday of each month from  
8:30am-9:30am.



**Archdiocese Guidelines**

With the current increase of COVID-19 cases in Los Angeles County, the Archdiocese has decided to follow the L.A. County Health Department in requiring everyone to wear a mask indoors at our L.A. County parishes, offices and schools effective **Saturday, July 16, 2021, at 11:59 pm.**

# Church of the Visitation



**MISSION STATEMENT**

A Roman Catholic Community celebrating Christ's presence among us.

**QUOTE OF THE WEEK**

**INTEGRITY is doing the RIGHT THING,  
even when  
NO ONE IS WATCHING.**



The people were exceedingly astonished and they said, “He has done all things well. He makes the deaf hear and the mute speak.”

Mark 7:37

**Twenty-third**  
Sunday in Ordinary Time

September 5, 2021

## Pastor's Post



### BLEST ARE THE BROKENHEARTED

I read an article that gives the medical basis for something we all know, that people can die of a broken heart. Called the Takotsubo syndrome, it occurs when a physical or emotional shock such as death of a loved one, causes a spike in adrenaline, which interacts with certain molecules, triggering a loss of movement in part of the heart, which can lead to acute heart failure. These very same molecules are linked to anxiety, depression and stress. Little wonder that we fear our hearts being broken and suffer when they are.

What breaks your heart? The death of a loved one? The cruelty of a relative or friend? Being treated unjustly and being powerless to stop it? Often, too is the loss of something that breaks our hearts. And whatever is lost usually can never be replaced. We begin to live life without that which was so deep a part of our existence. It is almost unbearable and sometimes it is. We all experience it. How do we live with it?

For some, the wound is so severe that they turn away from God, angry that He didn't stop some tragedy from happening. Some even turn away from other people. The broken heart can lead to a closed heart, which is a greater sadness, for the person now is cut off from that which is most needed: divine love.

Psalm 147 tell us, "The Lord heals the brokenhearted and binds up their wounds." How? Through us, channeling God's grace. One of my favorite prayers is that of St. Teresa of Avila:

*"Christ has no body now but yours. No hands, no feet on earth but yours. Yours are the eyes through which he looks compassion on this world. Yours are the feet with which he walks to do good. Yours are the hands through which he blesses all the world. Yours are the hands, yours are the feet, yours are the eyes, you are his body. Christ has no body now on earth but yours."*

Who do I know whose heart is breaking? To them, I must bring God's divine love.

Fr. Jim

## Most Reverend José H. Gomez

Archbishop of Los Angeles

Cordially invites you to attend the  
Prayer Service in honor of the

## 250TH ANNIVERSARY

of the founding of Mission San Gabriel Arcángel

7:00 p.m. Wednesday, September 8, 2021

San Gabriel Mission

428 South Mission Drive, San Gabriel, CA 91776

The outdoor event begins in front of the mission church



Opening Mass of the

## “FORWARD IN MISSION”

Jubilee Year

11 a.m. Saturday, September 11, 2021

Cathedral of Our Lady of the Angels

555 West Temple Street, Los Angeles, CA 90012

Mass begins on the Cathedral Plaza with the  
Rite of the Opening of the Holy Door

## DID YOU KNOW? September 4-5 || Understanding the VIRTUS® “Protecting God’s Children” program

Child sexual abusers often target nurturing, child-friendly environments, where parents and participants assume that no one would ever want to harm a child. Religious organizations are prime examples. The Catholic Church has adapted the VIRTUS® Protecting God’s Children program to send a message to potential predators that child sexual abuse is not tolerated. Through this program, adults learn that through early identification, awareness, and education they can be “proactive” in protecting children and young people from child sexual abuse. For more information, request a copy of the VIRTUS® article “Protecting God’s Children” at [lacatholics.org/did-you-know](http://lacatholics.org/did-you-know).

For immediate  
publication in church  
bulletin  
(as space permits  
thru Oct 15)



RACHEL'S VINEYARD - LA  
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 Rachel's Vineyard Retreat™

### RACHEL'S VINEYARD RETREAT WEEKEND

#### FOR HEALING AFTER ABORTION

Rachel's Vineyard retreat is for men and women struggling with the emotional and spiritual pain of abortion. The retreat is designed to help participants work through repressed grief and anger in a safe, nonjudgmental setting and come to acceptance, healing, and hope for the future. Developed in the Roman Catholic Tradition, it utilizes spiritual exercises and rituals to help grieve the loss of unborn children and to accept God's forgiveness. All inquiries and registrations are confidential.

[www.youtube.com/user/rachelsvineyard](http://www.youtube.com/user/rachelsvineyard)

**October 29-31, 2021**

San Fernando, CA  
Cost: \$300. per person

For registration or more information

please call and leave message:

323-577-5693

[www.rachelsvineyard.org](http://www.rachelsvineyard.org)

323-577-5693  
[www.rachelsvineyard.org](http://www.rachelsvineyard.org)

### O'Grady Pub at Visitation

**Friday, September 24th @ 6:30pm**

An adult evening with live music, dinner and games. **\$35 p/p**  
We will also be blessing the O'Grady Center at 6:30pm  
The theme is: College Night-so dig out your Alumni gear or  
the school you support. All tickets will be pre-sold each  
Sunday after the Mass or sign up on the church website. All  
are welcome in the Visitation Community!

### Catholic Divorce Ministry Council-Help and Hope for Single Parents

This will take place on **Wednesday's June 23 to September 15 from 7:00-8:30 pm**. There aren't many people who truly understand the unique challenges single parents face. You deeply desire to do what's best for your kids, but sometimes it's all you can do to survive from one day to the next. Single and Parenting is a special weekly group that will bring hope to your life. For more info. Contact Jerry Pyne @714-309-2424 or email [msajtp@yahoo.com](mailto:msajtp@yahoo.com). Registration link: <https://www.singleandparenting.org/groups/134990>

### Knights of Columbus Council

The weekend of **September 11th and 12th**, the Knights of Columbus will be selling Rancho San Antonio Raffle Tickets before and after all the Masses. The donations for raffle tickets are **\$2 each or \$20 per book of 10**. The Grand Prize is \$3,000, Second Prize is \$2,000 and 10 \$100 Third Prizes. The **raffle will be held at the Rancho Open House on October 3, 2021**. The proceeds from this raffle support the "Boys Home of the West" located in Chatsworth. Its mission, which began almost 90 years ago, is to help young men develop the skills, values and personal responsibility needed to become useful members of their community. For many of these young men, Rancho represents their first real chance to succeed. Rancho success rate in achieving this goal is over 80%. The Knights of Columbus have supported Rancho San Antonio since the 1950s. We deeply appreciate the generous support that the parishioners of Visitation have given to this annual drive over the years. Contact **Mike Engler** if you have any questions at **703-350-7262**.



**VISITATION CHURCH STAFF****PASTOR—Msgr. James Forseen****BUSINESS MANAGER** —Yolanda Garcia**PARISH SECRETARY**—Jessica Fernandez**SACRISTAN, SAFEGUARD THE CHILDREN** - Dick Van Dusen**CONFIRMATION COORDINATOR**— Jeremy Brosmer**RELIGIOUS EDUCATION COORDINATOR**-Debra Eileen Evans**RCIA COORDINATOR**—Toni Kerker**DIRECTOR OF COMMUNICATION & MARKETING**— Amy Servidea**DIRECTOR OF MUSIC**-Kathy McGrath

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**VISITATION SCHOOL CONTACTS****PRINCIPAL**—Christopher Watson**PTO PRESIDENT**— Mike Mininsky**VISITATION SCHOOL OFFICE / SCHOOL DAY CARE**

Principal@visitationschool.org

MMininsky@hotmail.com

310-645-6620/310-670-8072

**CHURCH COMMITTEES AND CHAIRPERSONS****PARISH PASTORAL COUNCIL**— Guylaine Brosmer**PARISH FINANCE COUNCIL**—Marge Roberts**PARISH ENVIRONMENT**—Father Tim McGowan**PARISH LITURGY COMMITTEE**— Donna Miller**PARISH EM TO HOMEBOUND COORDINATOR**— Mary Anne Villeneuve**PARISH BEREAVEMENT**—Candy Blankenship**PARISH FUNERAL COORDINATOR**—Toni Kerker**PARISH SUNDAY HOSPITALITY**—various groups**PARISH ALTAR SERVER PROGRAM**— Sue Mapes**PARISH LECTOR COORDINATOR**—Tanya Salvini**PARISH EUCHARISTIC MINISTER TRAINING**— Donna Miller**PARISH SCHEDULING OF SUNDAY LECTORS**-Tanya Salvini**PARISH SCHEDULING OF SUNDAY EUCHARISTIC MINISTERS**-Donna Miller**PARISH DAILY MASS EM SCHEDULER**—Tanya Gutierrez**PARISH SUNDAY USHERS**—Dick Van Dusen**PARISH WELCOME WAGON**—Father Tim McGowan**PARISH BAPTISM SHEPHERDS**— Father Tim McGowan

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Tmcgowan033@gmail.com

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**PARISH GROUPS & OUTREACH****MARY AND MARTHA**— Toni Kerker & Mary Lou Ward**KNIGHTS OF COLUMBUS**—Paul Condran**SENIORS BINGO** – Lenore Rotolo**WEDNESDAY LUNCHES FOR ST. MARGARET'S** —Dick Van Dusen**MERCY BAGS**—Dan Smith**MONTHLY ST. MARGARET FOOD DRIVE**—Knights of Columbus**CORNERSTONE MEN'S GROUP**— Jerry Feldman**CORNERSTONE WOMEN'S GROUP**—Mary Rotolo**RESPECT LIFE COMMITTEE**—NEED A VOLUNTEER

310-502-7843 &amp; 310-645-5839

310-505-4616

310-670-6936

310-216-1145X 22

dsmithwestchester@gmail.com

various

323-706-6788

310-322-5045

**SPIRITUAL GROUPS****SPIRIT OF MARY PRAYER GROUP**—Beverly Razzeto**FOOD, FAITH AND FELLOWSHIP COORDINATOR**—Barbara Berg**TUESDAY NIGHT BIBLE STUDY**—Barbara Berg**LENT UNPLUGGED**—Kathy McGrath & Michael Kramer**CHINESE BIBLE STUDY—SATURDAY NIGHTS IN PCU**—Nancy Chen**DAYTIME BIBLE STUDY**— Mary Lou Ward

310-670-6886

babsjberg@gmail.com

“

kathmcgrath@me.com

pnchen@sbcglobal.net

310-645-5839

**YOUNG ADULT AND TEEN GROUP MINISTRY****YOUNG ADULT MINISTRY**— Joseph Berg**TEEN GROUP MINISTRY**—Jeremy Brosmer

YAM@visitationchurch-la.com

ConfirmationVC@gmail.com

**WHY IS IT**  
A man wakes up after sleeping under an ADVERTISED blanket on an ADVERTISED mattress and pulls off ADVERTISED pajamas bathes in an ADVERTISED shower shaves with an ADVERTISED razor brushes his teeth with ADVERTISED toothpaste washes with ADVERTISED soap puts on ADVERTISED clothes drinks a cup of ADVERTISED coffee drives to work in an ADVERTISED car and then.... refuses to ADVERTISE believing it doesn't pay. Later if business is poor he ADVERTISES it for sale.  
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