HURCH OF THE / ISITATION

Our Mission: A Roman Catholic Community celebrating Christ's presence among us.



WELCOME TO VISITATION CHURCH!

A special welcome to those who may be visiting us today, we are blessed that you are here to worship with us. If you are traveling, we hope you find this Catholic community welcoming. If you are new to this area, we hope to see you again and that you may consider joining this community.

MASS TIMES

DAILY MASS Monday - Friday: 8:00a.m. (This mass is also live-streamed)

SUNDAY MASS

Saturday (Sunday Vigil): 5:00 p.m. Sunday: 8:00 am., 9:30 a.m., and 11:00 a.m. (The Sunday Mass at 8:00 a.m. is also live-streamed on our website)

DAILY ROSARY

Monday thru Friday following the 8 a.m. mass

ADMINISTRATOR: Fr. Matthew Wheeler IN RESIDENCE: Fr. Timothy McGowan RETIRED:

Msgr. Charles E. Hill Msgr. James Forsen

HOLY HOUR (INSIDE THE CHURCH) First Friday of each month: 8:30am-9:30am

CONFESSIONS

(Inside the church, in the Sanctuary) Saturday: 3:00 p.m. - 4:00 p.m. and by appointment

PRIVATE WORSHIP (INSIDE THE CHURCH) Monday-Friday: 7:30 a.m. - 4:00 p.m. Saturday: 8:00 a.m. - 4:00 p.m.

PARISH OFFICE HOURS:

Monday - Friday 8:00 am - 4:00 pm Closed for lunch 12:00 pm - 1:00pm

6561 WEST 88TH STREET LOS ANGELES, CA 90045

SUNDAY'S READINGS

FIRST READING – "I will put enmity between you and the woman,

and between your offspring and hers." (Gn 3:15)

PSALM – With the Lord there is mercy, and fullness of redemption. (Ps 130)

SECOND READING – Since we have the same spirit of faith, according to what is

written, I believed, therefore I spoke, we too believe and therefore we speak.

(2 Cor 4:13)

GOSPEL - And if Satan has risen up against himself and is divided, he cannot

stand; that is the end of him. (Mk 3:26)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

READINGS FOR THE WEEK

MONDAY: 1 KGS 17:1-6/PS 121:1BC-2. 3-4. 5-6. 7-8/MT 5:1-12 TUESDAY: ACTS 11:21B-26; 13:1-3/PS 98:1, 2-3AB, 3CD-4, 5-6/MT 5:13-16 WEDNESDAY: 1 KGS 18:20-39/PS 16:1B-2AB, 4, 5AB AND 8, 11/MT 5:17-19 THURSDAY: 1 KGS 18:41-46/Ps 65:10, 11, 12-13/MT 5:20-26 FRIDAY: 1 KGS 19:9A, 11-16/PS 27:7-8A, 8B-9ABC, 13-14/MT 5:27-32 SATURDAY: 1 KGS 19:19-21/Ps 16:1B-2A AND 5, 7-8, 9-10/MT 5:33-37

OUOTE OF THE WEEK

"Incredible change happens in your life when you decide to take control of what you do have power over instead of craving control over what you don't." -Steve Maraboli

PARENT LEADERSHIP

"Make your kids feel needed and appreciated; make praise as specific as blame." -Jim Stenson, Compass.

WE SHARE YOUR GRIEF

Please check the Visitation website under Resources/Bereavement for a list of Grieving, Cancer, Hospice and Palliative Care note titles. These are very helpful and powerful small articles. Please contact Candy Blankenship at 310-338-9043 or blank8840@gmail.com and she will mail them to you at no charge." Such titles include Caring for yourself while Grieving, Overcoming Loneliness, What to do after the death of a Spouse, The first 12 months of Grieving, and many, many more.







CONGRATULATIONS

MEN'S CORNERSTONE

Congratulations to the 14 men who experienced Cornerstone on May 17th and 18th, and the team of men who made it happen!

HOSPITALITY

Coffee & Donuts is hosted by the Knights of Columbus on June 9. Please join them in the courtyard after all the Masses.



PARISH REGISTRATION

Are you looking for a faith community to call home? Visit our website to register as a parishioner.



SAINTS AND SPECIAL OBSERVANCES

SUNDAY - JUNE 9TH 10th Sunday in Ordinary Time

8:00am - Edward Polatewicz † 9:30am - For the people of Visitation Parish 11:00am - Margot Castro †

MONDAY - JUNE 10TH

8:00am - Edmond Vo †

TUESDAY - JUNE 11TH

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St. Barnabas, Apostle
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8:00am - Paul Chen †

WEDNESDAY - JUNE 12TH

8:00am - Elvira Solis †

THURSDAY - JUNE 13TH St. Anthony of Padua, Priest and Doctor of the Church

8:00am - Lucy Portillo

FRIDAY - JUNE 14TH

Flag Day

8:00am - William Portillo

SATURDAY - JUNE 15TH 5:00pm - George Bachawati †

To request a Mass intention please call the Rectory 310-216-1145

PRAYER REQUESTS: email them to the following vizprayerrequests@gmail.com If you would like to join in praying for the requests received, please send an email to the prayer request email address.



PARISH POST

June 2, 2024

Dear Sisters and Brothers,

I'd like to give you an update on a few things. As you know, on July 1st I'll be starting a new assignment at USC and Fr. Francis Kim will begin as the new Administrator here at Visitation. Fr. Francis came the other weekend to meet Frs. Jim, Tim, Charlie, and Anguiano and to share a meal with us. It was a great visit! We shared stories, asked questions, and are doing our best to support Fr. Francis as he takes on this new role. In mid-June he will have a meet and greet with the Parish Staff and start moving his belongings over to the rectory. It's clear from our communication thus far that he is excited to start ministry at Visitation and I am at peace knowing you'll be in good hands.

In addition to wrapping things up at Visitation, I've been in communication with the Pastor and Staff at Our Savior Parish and USC Caruso Catholic Center. I'll be having meet and greets with people there and beginning my move in the month of June, as well. While it is sad to leave Visitation, I am filled with gratitude for the two years we've had together. I have no doubt that your love and support will carry me into my new assignment. Further, I'm excited to begin ministry with college students during this important time of discernment in their lives. Please pray that I be a humble instrument in the hands of God.

All of this is to say that we've entered a time of transition. Transitions are rarely easy because they entail losses of various sorts. There are losses of relationships, predictability, meaning, identity, control, a sense of the future... the list goes on. Sometimes we try to hide or ignore these losses (which is understandable). However, I think it's important that we be honest with ourselves

and bring it all to God in prayer. Despite the challenges, I know the Lord will lead and guide us all if we are open and attentive to His voice. It's also important that we manage this process of change with the help of a trusted friend, mentor, spiritual guide, or counselor. At the end of the day each one of us will have to decide how we will respond, personally, to all of this and it can be very helpful to have someone walking with us. This sort of vulnerability can be uncomfortable initially but in time it is tremendously liberating and life-giving. Please consider it!

JUNE Month of the sacred heart of jesus

> Ways to Grow in Devotion to the Most Sacred Heart of Jesus

MORNING OFFERING: At the beginning of each

day, offer your whole

day to the Scared



Heart of Jesus in prayer. FIRST FRIDAY DEVOTION: Attend Mass and receive the Eucharist

on the first Friday of every month. PRAY THE LITANY OF THE

SACRED HEART: The Litany contains 33 invocations, one for each year of Jesus' life on Earth.

Many of you have reached out to me for meetings, meals, and appointments. I am doing my best to make time for everyone but I'm quickly becoming aware of my limits. Thank you for understanding and for your kind generosity. I'm forever grateful.

Peace,

Fr. Matt

Don't Forget:

- Thank you for participating in our Corpus Christi Procession! Let us forever adore the Most Blessed Sacrament!
- Welcome back, Fr. Jim Anguiano! Thanks for making Visitation your home we are blessed!
- Check out these tips for times of transitions: https://relevantradio.com/2018/10/how-to-handle-times-of-transition-with-grace/
- The last day of school is this Friday, June 14th. Please pray for our school teachers, staff, and families!



Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognize His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. / Amen.

PRAYER FOR AFTER HOLY COMMUNION

Holy Trinity, Father, Son, Holy Spirit, I adore you deeply and I offer you the precious Body, Blood and Divinity of Jesus Christ present in all the tabernacle on earth, in reparation for the outrages, sacrileges and indifference with which He Himself is offended. And, for the infinite merits of his most holy Heart and of the Immaculate Heart of Mary, I ask you for the conversion of poor sinners. /Amen I am overwhelmed with the love and grace shown to me by this Family of ours, Visitation Parish!

My work has always been a great blessing to me in service and worship to our God, who is such a source of gifts and graces in life.

Looking back on Sunday, May 19; I can see and appreciate a big area that I take for granted – the <u>real</u> Church, our parishioners. You awakened in me that not only is my service to Visitation appreciated, but that my efforts have made an impact in the way that your worship has been enhanced. We all support and give aid to each other in expanding our prayer life to our Lord.

I have to finally add that standing before you at the end of the 11 a.m. Mass with all of your hands raised in prayer over me really struck deeply home the grand love our Father has for us all.

God Bless You All, and may He hold you close.



SAFEGUARD THE CHILDREN AND VULNERABLE ADULTS

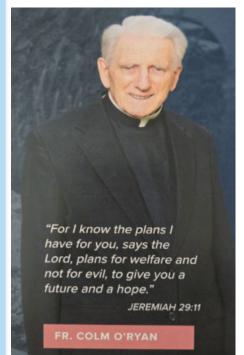
DID YOU KNOW? What color swimsuit is best for water safety?

Drowning is one of the leading causes of death for children. If you plan to take your children to the pool or beach this summer, you want to pick out a safe swimsuit. Studies have shown that light colored, or white swimwear is very hard to see underwater, making the wearer seem to disappear. The light colors are even more undetectable with water agitation. Stick to bright, bold colors and neon patterns to be able to spot your children when they are playing and swimming. For more information, read the TODAY article "Why swim instructors are warning parents against certain swimsuit colors" at https://www.today.com/parents/ color-test-kids-swimsuits-show-best-colors-are-neon-t219805.

PRIEST RETIREMENT FUND 2024

This Sunday, June 9th we will be having a Second Collection for the Priest Retirement Fund. This year, within the Archdiocese of Los Angeles, 131 retired archdiocesan priests find support through your generous gifts to the Priest Retirement Fund. These men of faith reside in private residence, parishes, or retirement homes like the Nazareth House. Many are enjoying their senior years privately, while others are in the presence of friends and family. And those who can, still participate in their parish communities in various capacities. Help us offer thanks for their years of devotion to God and our communities. The funds collected for the Priest Retirement Fund helps provide a monthly stipend to retired priests of the Archdiocese of Los Angeles. For most priests, this assistance is their only means of support. This helps many senior priests stay well and active in our communities.

We invite you to be a beacon of hope by making a generous donation to **PRFLA.org** today or leaving a lasting



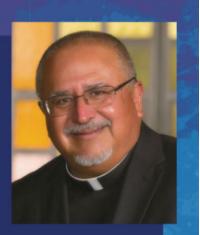
CONVENT BUILDING UPDATE

Did you know?... That the Convent was built in the 1940's? Do you wonder what "the plan" might be for the space since it is no longer needed as a convent? We invite you to come find out as we host **LISTENING SESSIONS** after all of the Masses the weekend of June 15/16 in the O'Grady Center. We will also be hosting Hospitality, so plan to grab a donut or snack and beverage and join us. We will also have note cards available to submit ideas/questions in writing (or via email).

If you cannot join us that weekend, another Listening Session will be held via Zoom on Tuesday, June 18 at 7:00pm.

Guylaine Brosmer is inviting you to a scheduled Zoom meeting. Topic: Convent Listening Session Time: Jun 18, 2024 07:00 PM Pacific Time (US and Canada) Join Zoom Meeting Meeting ID: 839 4486 3418 Passcode: 611274

WELCOME HOME, FR. JIM ANGUIANO!!!



Last summer when Fr. Anguiano was selected to be the Vicar General of the Archdiocese, he was given the opportunity to choose where he wanted to live. Our Parish has once again been blessed to be his home of choice. While he is very busy with his important role at the Archdiocese, he will become part of the Sunday Mass schedule starting this month. We are so honored and excited to welcome him HOME!!!

Please join us on June 9,

as the Knights of Columbus host Coffee & Donuts after all of the Masses, in saying "Welcome back" to *the other* Fr. Jim!



Called to Renew Update for May 2024

Visitation Church Goal: \$590,000

Pledged: \$901,330.00

Total Paid: \$311,108.30

CALLED TO RENEW Our Family | Our Parish | Our Community you put into giving." - St. Theresa of Calcutta

To pledge/ donate please go to: https://calledtorenew.org/parishes/visitation

Questions about your pledge?

Need to update payment information?

Please contact Called to Renew Campaign Office Phone: (213) 637-7555 (select option 1) for Pledge Fulfillment Specialists or Email: CTRFulfillment@la-archdiocese.org

If you are interested in paying your pledge via stock, please visit https://lacatholics.org/stock



Beyond the Ordinary, A Yearly Appeal Like No Other

Together in Mission exclusively supports the most impoverished parishes and schools in the Archdiocese of Los Angeles. This unique annual appeal is an opportunity for people to join in action as one united family imitating Christ. Join us in celebrating the generational support that has sustained Catholic communities for over 30 years.

Visitation Parish Goal: \$59,133.00 Amount Pledge: \$46,508.00 78.6%

Amount Paid: \$38,539.78		65.2%
nder) Goal	(\$20,593.22)	-34.8%

Difference Over (under) Goal (\$20,593.22) vs Amount Paid

The Archdiocese of Los Angeles Office of Annual Appeals 6th Floor 3424 Wilshire Blvd. Los Angeles, CA 90010

Why do we do that? Catholic Life Explained

QUESTION:

How do I bring God into the work of my daily life?

ANSWER:

Whatever your daily work, you have an opportunity to encounter God and to follow His commandments in love. In the New Testament, we see that most of the Apostles didn't have a previous religious position. They were fishermen, tax collectors, and political activists. St. Paul was a tentmaker. Among the saints, we have doctors, lawyers, farmers, and stay-at-home moms. No matter your daily tasks, God can be present there!

One way concerns behavior. Start with an examination of conscience. Look at areas where you tend to struggle to imitate Christ at work. Do you gossip? Does brimming frustration become impatience at home? Pick one sin you struggle with, then choose a virtue to strengthen that area. If you tend to speak poorly of your co-workers, resolve to stop and to say one kind thing a day instead.

Another way relates to perspective, particularly your perspective of others. Jesus' incarnation reminds us of the value of every human being. Jesus is God, and each of us is created in God's image. When you encounter another person, you have an opportunity to see God in a new place and a new way - in that person in front of you. Genuinely listen to them and be present to their concerns. Loving your neighbor is loving God! Our relationship with God and the love He inspires in our hearts shouldn't remain only at church on Sunday. We can - and should - let our faith animate our lives!

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Join us in **Building Hope &** Belonging

Together, the Archdiocese of Los Angeles Office of Life, Justice, and Peace and the Fiat Program on Faith and Mental Health at the University of Notre Dame's Institute for Church Life are offering a special opportunity to support you in your ministry.

The Fiat Course in Mental Health & Church life



Office of Life, **Justice & Peace**





01 What

A 10-week course about mental health and the Catholic faith, offered through the University of Notre Dame.

02 When

September 30 - December 6, 2024 Opening retreat on September 21st.

03 How

Weekly lectures address key questions and challenges that lay and ordained ministers face when caring for those with mental health challenges, including:

- · What is mental health?
- · Why does God allow suffering? How do I support a parishioner impacted
- by trauma, mental illness, or addiction? · How do I help someone experiencing
- thoughts of suicide or self-harm?

Weekly small-group discussions, facilitated by ministers from the Archdiocese, offer a chance to think together about applying what you learn to your ministry.

04 Where

- · Listen to video lectures at any time.
- · Weekly small-group discussions are
- scheduled based on your availability.

Hear from those who have taken the course already...



"I joined the class, anticipating it would offer important professional development, but I realize now how much it's helped me personally. Mental illness has been present in my family, and the course helped me to see our family's challenges with fresh eyes. This has opened new pathways for conversation in our family, and we've been able to seek out more support in our parish and through mental health resources in our community."

- Parish Volunteer, San Gabriel Region

"Through the course, I recognize the important role we can play in suicide awareness and prevention. I used to be anxious talking with the teens I minister to about suicide. Now, I realize that asking whether a teen who is struggling has been thinking about suicide is the best means of prevention. I know how to ask the question and how to help them get the additional resources they need." - Youth Minister and Pilgrimage Leader

Office of Life,

time (11 a.m. PST).

Justice & Peace

M-GRATH INSTITUTE FOR CHURCH LIFE NOTRE DAME

SEND YOUR PRAYERS OF INTENTION FOR THE 2024 PILGRIMAGE MASS AT THE BASILICA OF OUR LADY OF **GUADALUPE IN MEXICO CITY**

---Hundreds of parishioners from eight Archdiocese of LA parishes will be joining Archbishop Gomez during the Mass at the Basilica July 6----The Archdiocese of Los Angeles' community is invited to send prayers of



"I used to avoid talking about mental hi my expertise. Through the course, I've learned about the challenges facing those with with mental illness and their families. I'm now comfortable inviting adults in our faith formation to reflect on and share experiences with mental illness, to the extent they are comfortable. We're able to create a space for praying and talking about life with Christ in the midst of this.* - Parish Staff, San Pedro Region

Who Can Apply?

- Diocesan staff, parish staff and volunteers, clergy, Catholic educators, and mental health
- Course Registration Fee: \$50. 9/21 Retreat Registration: \$25
- Scholarships are available

How to Apply

· For questions, contact Flat Program Director Beth Hlab

Apply by July 1st, 2024 with this QR CODE:



JOIN LA CATHOLLCS OF

WAYS TO JOURNEY WITH US

Join a parish pilgrimage group

Coordinate a new pilgrimage group

All pilgrims are invited to a special Mass celebrated by Archbishop José H. Gomez on Saturday, July 6 at 12:00PM at the Basilica of Our Lady of Guadalupe.

OUR LADY OF GUADAIUPE, PRAY FOR US!

If you are interested in participating ir pilgrimage group, please conta ca Reyes at VReyes@la-archdiocese.or Learn more at lacatholics.org/pilgrima



intention to be blessed by Archbishop José H. Gomez and presented to Our Lady of Guadalupe at the Basilica or Shrine of Our Lady of Guadalupe in Mexico City during a pilgrimage Mass that Archbishop Gomez will be celebrating on Saturday, July 6, 2024, at 12 p.m. local

Praver intentions will be collected at the Cathedral through Father's Day June 16. Please see cathedral's Mass schedule. You can also submit them online at https://lacatholics.org/pilgrimage/ by June 20.

This will be the fifth pilgrimage year ---with a three-year break due to the pandemic--- under the spiritual leadership of Archbishop Gomez. This is the second consecutive year that hundreds of faithful are joining parochial groups who will travel to Mexico City on different dates, most of them departing on July 4 and returning July 9, with stops at Basilica of Our Lady of Guadalupe, home of the original tilma (or cloak) of St. Juan Diego, which holds the miraculous image of Our Lady of Guadalupe that appeared in 1531. Some of the parochial groups will visit landmarks such as Teotihuacan Pyramids and Catholic parishes in Guanajuato and Puebla, among others.

All are invited to view the Mass and pray along with our brothers and sisters at the Basilica, as it will be livestreamed on https://lacatholics.org/ pilarimage/.

Kids Corner

Prayer

Holy Spirit, keep me away from evil words and actions.

Mission for the Week

I will talk about the good things the Holy Spirit does for me.

Sharing the Gospel

Someone in our family may have a hard time forgiving us. However, God can handle it. God's love is bigger than any one person. He is stronger than the biggest evil. Say, "God, I am sorry that I did wrong. Will you forgive me?" God will forgive you and will help your brother or sister forgive you too. God will also fill you with the Holy Spirit so that you can learn to forgive.

Now color the picture!

Circle the picture that is different. Then color in all the pictures.



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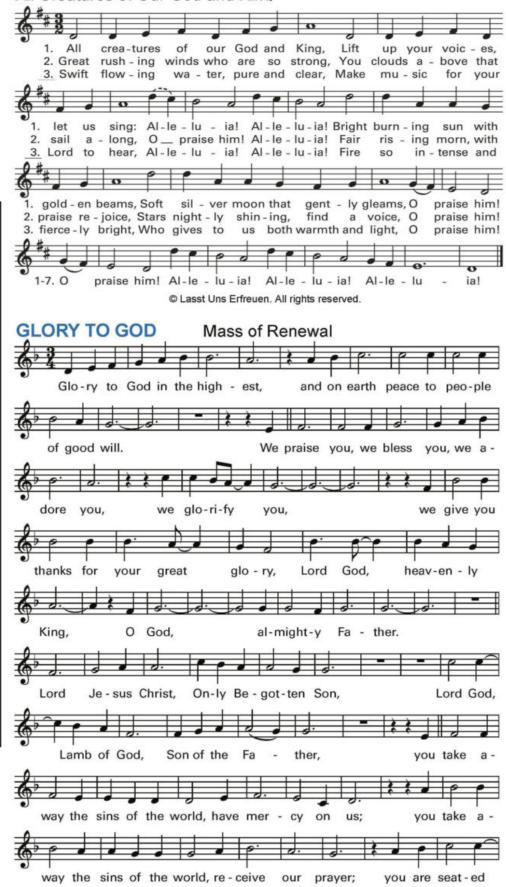
APOSTLES CREED

I believe in God. the Father Almighty, Creator of heaven and earth. and in Jesus Christ. His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate. was crucified. died and was buried: He descended into hell: on the third day He rose again from the dead: He ascended into heaven. and is seated at the right hand of God the Father Almighty: from there He will come to judge the living and the dead. I believe in the Holy Spirit. the Holy Catholic Church, the communion of Saints. the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

MASS PARTS MASS OF JOY AND PEACE

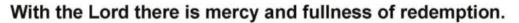
GATHERING

All Creatures of Our God and King









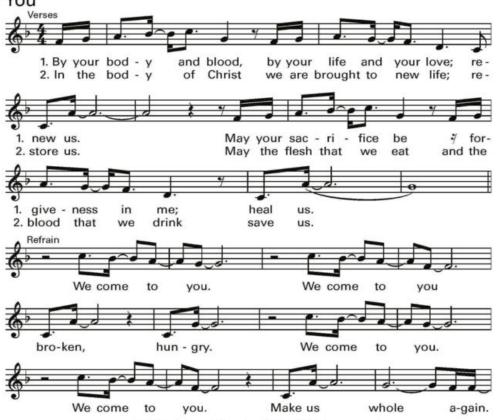
GOSPEL ACCLAMATION

Alleluia (Angrisano)



COMMUNION

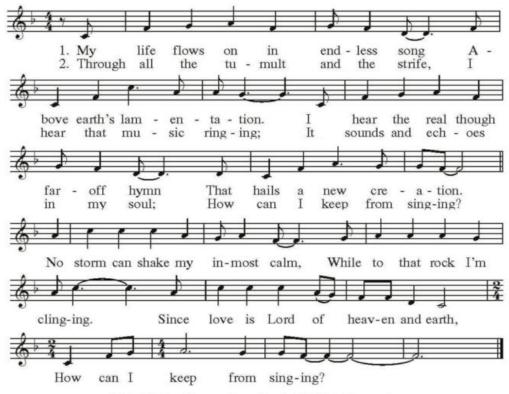
We Come to You



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SENDING

How Can I Keep From Singing?



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Visitation Church, Los Angeles, CA

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