

**Msgr. James Forsen
Pastor**

Father Timothy McGowan
In Residence
Father James Anguiano
In Residence
Msgr. Charles E. Hill
Retired

Visitation Church
6561 West 88th Street
Los Angeles, CA 90045
310-216-1145
FAX 310-846-5421

Church Email:
visitationchurch497@gmail.com

Daily Mass (Inside the church)
Monday-Friday: 8:00am
(This mass is also live-streamed)

Sunday Mass (Inside the church)
Saturday: 5pm
Sunday: 8:00am, 9:30am, and 11:00am
(The Sunday Mass at 8am is also live-streamed)

Confessions (Outside in Mary's courtyard)
Saturday: 3:00-4:00pm and by appointment

Note: The live-streamed Masses can be viewed on our website:
www.visitationchurch-la.com

Private Worship (Inside the church)
Open for private devotion between the hours of **7:30am-4:00pm (Monday-Friday)** and **8:00am-4:00pm (Saturday)**.

Holy Hour (Inside the church)
First Friday of each month from **8:30am-9:30am**.

Church of the Visitation

Mission Statement:
A Roman Catholic Community celebrating Christ's presence among us.



RELIGIOUS QUOTE OF THE DAY

The word is near you,
in your mouth and in your heart.
— Romans 10:8

Bible Buddies with Barbara Berg continues to meet each Tuesday evening, **7-8:30 PM**, currently via Zoom. For more information, or for the zoom link: please contact **Barbara Berg: babsjberg@gmail.com**

PARISH REGISTRATION

Are you looking for a faith community to call home? Click on the link below to register as a parishioner.
www.visitationchurch-la.com/register



Prayer Requests:

Please email them to
vizprayerrequests@gmail.com.

SESSIONS OF FAITH (PREP)

We are excited to announce that our Parish Religious Education Program (PREP), for students in Grades **K-8**, including sacrament preparation, we are now accepting applications for 2021-2022 school year which began in September. For more information, please contact our Coordinator, **Debra Evans** via phone or text at **703-582-9888**, or by email at religionseducationvc@gmail.com.

Is God calling you to share your faith with others, especially young people? If so, please consider volunteering for our Parish Religious Education Program (PREP). This ministry is for people who are interested in sharing God's love and bringing others closer to Christ. Please consider joining us. We especially welcome those who may have served in other ministries, who are not able to continue to serve in person at this time. Thank you and God Bless You! See the above email and phone number for more information and questions about our programs.

CONFIRMATION AND YOUTH MINISTRY

If you are interested in the program for the next two years, please go online to visitationchurch-la.com to download an application. If you have any questions, please reach out to **Jeremy Brosmer** at confirmationvc@gmail.com.



R.C.I.A.

GOT LIFE QUESTIONS? RCIA (Rite of Christian Initiation of Adults) may be just for you. RCIA is for someone who:

- Is interested in becoming Catholic.
- Was never baptized.
- Was baptized in another Christian denomination.
- Was baptized Catholic, but never celebrated the Sacraments of Eucharist or Confirmation.
- Is interested in catching up on or renewing their faith.

We welcome you to join us in our RCIA group most Mondays from **7-8:30pm** when we have Zoom meetings. **In person meetings** began on **September 13th from 6:30pm-9:00pm**. If you are interested, please email **Toni Kerker** at tmkerker@gmail.com.



READINGS FOR THE WEEK

- Monday:** Lv 19:1-2, 11-18; Ps 19:8-10, 15; Mt 25:31-46
- Tuesday:** Is 55:10-11; Ps 34:4-7, 16-19; Mt 6:7-15
- Wednesday:** Jon 3:1-10; Ps 51:3-4, 12-13, 18-19; Lk 11:29-32
- Thursday:** Est C:12, 14-16, 23-25; Ps 138:1-3, 7c-8; Mt 7:7-12
- Friday:** Ez 18:21-28; Ps 130:1-8; Mt 5:20-26
- Saturday:** Dt 26:16-19; Ps 119:1-2, 4-5, 7-8; Mt 5:43-48
- Sunday:** Gn 15:5-12, 17-18; Ps 27:1, 7-9, 13-14; Phil 3:17 — 4:1 [3:20 — 4:1]; Lk 9:28b-36

BAPTISMS

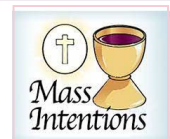
The Sacrament of Baptism is celebrated, according to the CDC recommendations, on a separate day for each family after attendance by the parents and godparents at a Baptism zoom class. Parishioners are invited to call the office to get an appointment for these classes. The next ZOOM class scheduled is on **Sunday, March 13, 2022 at 1pm**. Please register to attend by calling the parish office at **310-216-1145**. If you are not a current registered parishioner of Visitation Parish and not receiving envelopes in the mail, please call the office for an appointment with the pastor or associate pastor.



WE SHARE THEIR GRIEF

"Please check the Visitation website under Resources/ Bereavement for a list of Grieving, Cancer, Hospice and Palliative Carenote titles. These are very helpful and powerful small articles. Please contact **Candy Blankenship** at **310-338-9043** or blank8840@gmail.com and she will mail them to you at no charge." Such titles include Caring for yourself while Grieving, Overcoming Loneliness, What to do after the death of a Spouse, The first 12 months of Grieving, and many, many more.

Mass Intentions



March 6, 2022

- 8:00am - Joey Papazian (Special Intention)
- 11:00am - Patricia A. Neal (Dec'd)

March 7, 2022

- 8:00am - Alice Flocchni (Special Intention)

March 8, 2022

- 8:00am - Joey Papazian (Special Intention)

March 9, 2022

- 8:00am - Lowell Hobrock (Dec'd)

March 10, 2022

- 8:00am - Jasmine Magaishi (Special Intention)

March 11, 2022

- 8:00am - Tanner Celano (Special Intention)

March 12, 2022

- 5:00pm - Ana Dotson (Dec'd)

To request a **mass intention** please call the Rectory at **310-216-1145**.



**K of C Council #3744
Proudly Presents Our**

FISH FRY DINNERS!



When: EVERY March Friday (4, 11, 18, & 25)
Time: 5:30pm – 7:30pm (or until we're out!)
Where: Knights of Columbus Hall
 8049 W. Manchester Ave, Playa Del Rey
How: call 310-821-2324 for a Take-out Order

Meal: Your choice of Alaskan Cod or Shrimp,
 One side (baked potato, fries, or onion rings),
 Cole Slaw and a Dinner Roll!
Adults \$13.00 & Children \$8.00

Dinner proceeds benefit our Scholarship Program
 Parking in the Rear Credit Cards Accepted



March 2-April 10
40 DAYS FOR LIFE

**HELP SAVE LIVES IN
LAWNDALE**

You can protect mothers, fathers, and children by joining this worldwide mobilization. Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000+ volunteers in 63 countries.

[Your presence on the sidewalk matters!](#)

With God's help, here are the proven results:

- 20,000** babies saved from abortion
- 200** abortion workers converted
- 100** abortion centers closed

Here's how to take part:

Vigil location:

Outside Planned Parenthood South Bay
 14623 Hawthorne Blvd,
 Lawndale, CA 90260

Vigil hours:

7 am to 7 pm daily

Local contact:

Teresa Syta, 310-592-4213
40Days4LifeLawndale@gmail.com

Learn more and get involved by visiting our campaign at:

40daysforlife.com/Lawndale

Lent Unplugged

Beginning Tuesday, March 8th, we will be offering Lent Unplugged, as we did in pre-Covid days. It is an hour long, inside the church from 7:00PM to 8:00PM This time is for quiet meditation with music and guided prayer, meant to help people reflect upon their life especially during the season of Lent. You are welcome to stay for a few minutes, or for 1/2 hour, as long as you wish.

Daily Brief for Lent

The Daily Brief for Lent are meditations on the daily mass readings for every day of Lent given by our Visitation Priests. They begun Wednesday, March 2nd and will conclude on Thursday, April 14th. You can find the daily brief on our website under the resource tab.

DID YOU KNOW?

Check your car seats

Parents are — rightly — focused on car seat safety from the minute they bring their children home from the hospital. But as children grow up, things change. They get taller, they weigh more, the family may change cars or add siblings. It is important to periodically check your car seats and make sure they are still safe for your children's current ages, weights, heights, and the vehicle they ride in. For a quick list of starter questions, get a copy of the VIRTUS® article "Car Seat Safety" at lacatholics.org/did-you-know/.

MESSAGE FROM THE PASTOR

LENT 101

When Does Lent Start?

Lent starts every year on Ash Wednesday.

When Does Lent End?

As a liturgical season, Lent ends on Holy Thursday, immediately before the Mass of the Lord's Supper that evening, when the Easter Triduum begins.

How Long is Lent?

Lent extends for a period of 40 days. (Actually, it is 46 days long, but the 6 Sundays of Lent are not included, as the Church's ancient tradition is to not observe Lenten fast on a day of rejoicing.)

Why 40 Days?

For Israel, the number 40 symbolized a period of testing or judgement. The rain of Noah was 40 days. Israel wandered 40 years in the desert. Jesus fasted 40 days in the desert.

Why Do We Put Ashes On Our Forehead?

This act symbolizes our mortality as well as our need for ongoing repentance. It is a reminder that this life is short and merely a foreshadowing of what we shall become through the redemption of Jesus Christ on the cross.

Why Do We Fast and Abstain?

We abstain from meat on Friday as a way of reminding ourselves of Jesus' death for us all on Good Friday. There are many reasons for fasting, one of which is to unite ourselves in prayer with Jesus who fasted during His 40 days in the desert.

Every person 14 years of age or older must abstain from meat (and items made with meat) on Ash Wednesday, Good Friday, and all the Fridays of Lent.

Every person between the age of 18 and 60 must fast (to eat less food) on Ash Wednesday and Good Friday.

Every person 14 years of age or older must abstain from meat on all other Fridays of the year, unless he or she substitutes some other form of penance for abstinence.

Why Do We Give Alms During Lent?

Proverbs 19:17 "One who gives to the poor, it is like giving to the Lord Himself." Care for the poor especially during Lent gives witness to the changing of one's life.

Why Do We Omit the Alleluia and Gloria During Lent?

Alleluia comes to us from Hebrew; it means "praise Yahweh." and it like the Gloria is an expression of angelic joy. During Lent, we acknowledge our sins and practice repentance so that one day we may again have the privilege of worshiping God as the angels do.

Why Do We Give Up Something For Lent?

It is about self-denial, carrying our cross and following Jesus. It is something that's done in a prayerful way, so that we can wholly renew ourselves in Christ. It is all about conversion.

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GIVE TODAY!

**As one, we
pray, love,
hope and
believe**

**MAKE
A GIFT
TODAY!**

TOGETHERINMISSION.ORG

Together in Mission 2022 Campaign

This appeal provides essential faith-based educational funding to struggling parishes and schools throughout the Archdiocese of Los Angeles. Envelopes are located in the pews. **Thank you to all that have already pledged and sent in your donations.**

Our parish goal for 2022:	\$56,901.00	
Amount Pledge:	\$10,790.00	19.0%
Amount paid:	\$ 6,659.00	-11.7%
Difference over/(under) Goal vs Amount Paid: \$50,242.00 -83.3%		

PARISH RETREAT AT MATER DOLOROSA RETREAT CENTER

A limited number of spaces are being held for our parishioners to attend a weekend retreat in Sierra Madre with the theme: God's Gift of Hope. **For men, March 18-20, for women May 6-8,** late Friday afternoon through noon on Sunday. The private rooms, 5 great meals, great retreat sessions silent atmosphere, and tranquil grounds in a Covid-Safe environment will make this a weekend you won't forget.

Sign up at the link below. **Men-choose the March 18th date and the Manhattan Beach group. Women-choose the May 6th date and the Visitation group.** Please email Mary and Mike Rotolo at mmrotolo@gmail.com to let them know you signed up or call them at 310-503-8949 with any questions. **Sign up at <https://materdolorosa.org/embracing-gods-gift-of-hope/>**

1st Sunday of Lent

GATHERING

Hold Us In Your Mercy

Cantor: Hold us in your mer - cy. *All:* Hold us in your mer - cy.

Cantor: Hold us in your mer - cy. *All:* Hold us in your mer - cy.

Cantor: Hold us in your mer - cy. *All:* Hold us in your mer - cy.

Cantor: Hold us in your mer - cy. *All:* Hold us in your mer - cy.

Cantor: Hold us in your mer - cy. *All:* Hold us in your mer - cy.

Text: Rory Cooney, b.1952
Tune: Gary Daigle, b.1957
© 1993, GIA Publications, Inc.

PSALM

Be with me, Lord. When I am in trouble, be with me, Lord, I pray.

© Marty Haugen

GOSPEL ACCLAMATION

Glory to you, O Word of God, Lord Jesus Christ.

© Curtis Stephan

1st Reading
Deuteronomy
26:4-10

Psalm 91

2nd Reading
Romans 10:8-13

Gospel
Luke 4:1-13

PREPARATION OF THE TABLE AND GIFTS

(SATURDAY) In Every Age

Refrain
In ev - 'ry age, O God, you have been our ref - uge.

1-3 to Verses 2,3
last time: to Refrain

In ev - 'ry age, O God, you have been our hope.

Text: Based on Psalm 90:1-4, 12. Text and music © 1998, 2000, Janèt Sullivan Whitaker.
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APOSTLES CREED

I believe in God,
 the Father Almighty,
 Creator of heaven and earth,
 and in Jesus Christ,
 His only Son, our Lord,
 who was conceived
 by the Holy Spirit,
 born of the Virgin Mary,
 suffered under Pontius Pilate,
 was crucified, died and was
 buried;
 He descended into hell;
 on the third day He rose again
 from the dead;
 He ascended into heaven,
 and is seated at the right hand
 of God the Father Almighty;
 from there He will come
 to judge the living and the
 dead.
 I believe in the Holy Spirit,
 the Holy Catholic Church,
 the communion of Saints,
 the forgiveness of sins,
 the resurrection of the body,
 and life everlasting.
 Amen

MASS PARTS

Mass of Incarnate Word

PREPARATION OF THE TABLE AND GIFTS

(SUNDAY) Be With Me, Lord

Refrain

Be with me, Lord. Be with me, my Lord. When I'm in
 trou-ble and I don't know where to go, be with me, Lord.

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COMMUNION

(SATURDAY) On Eagles Wings

Verse 1

1. You who dwell in the shel-ter of the Lord, who a-bide in his
 1. shad-ow for life, say to the Lord: "My ref-uge, my rock in whom I trust!"

to Refrain

Refrain

And he will raise you up on ea-gle's wings, bear you on the
 breath of dawn, make you to shine like the
 sun, and hold you in the palm of his hand.

to Verses (last time to Coda) ⊕

Verse 2

2. The snare of the fowl-er will nev-er cap-ture you, and fam-ine will bring
 2. you no fear: un-der his wings your ref-uge, his faith-ful-ness your shield.

to Refrain

Verse 3

3. You need not fear the ter-ror of the night, nor the ar-row that flies by
 3. day; though thou-sands fall a-bout you, near you it shall not come.

to Refrain

Text: Based on Psalm 91. Text and music © 1979, OCP. All rights reserved.

COMMUNION

(SUNDAY) Take Up Our Cross

Verses

1. Be-hold the wood that bears our name;
 2. We em-brace the sac - ri - fice,

1. be - hold the nails that hold our sin.
 2. and walk the path we can - not see.

1. The tree from which sal - va - tion blooms;
 2. The bur - dens of this world made light;

1. the death by which we're born a - gain.
 2. by blood and thorn we are re - deemed.

Refrain

We take up our cross and fol - low him; we
 lay down our lives that we might live. We
 car - ry the hope of Christ with-in; we take up our cross
 and fol - low him.

1, Final (Fine) to Verse 2 | 2 to Bridge | 3

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SENDING FORTH

Lift High the Cross

Lift high the cross, the love of Christ pro-claim till
 all the world a - dore his sa - cred name.

Text: 1 Corinthians 1:18; George W. Kitchin, 1827-1912, and Michael R. Newbolt, 1874-1956, alt. Tune: CRUCIFER, 10 10 with refrain; Sydney H. Nicholson, 1875-1947 © 1974, Hope Publishing Co.



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